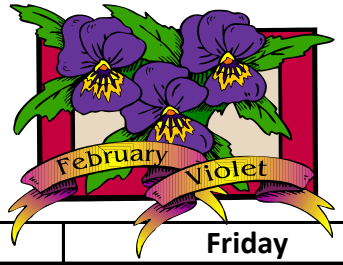
Covenant Senior Day Program
MENU
February 2011



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pot Roast Potatoes & Onions Carrots Fruit Choice Covenant Cooks	**2** Pancakes Bacon Variety of Toppings Applesauce Covenant Cooks	**3** BBQ Chicken Potatoes Spinach Covenant Cooks
6 Mac & Cheese GFS Carrots Roll Brownie Covenant Cooks	**7** Chili Cornbread Crackers Applesauce Covenant Cooks	**8** Sloppy Joes sweet Potatoes Fries Green Beans Peaches Covenant Cooks	**9** Turkey Vegetable Soup Biscuits Crackers Applesauce Covenant Cooks	**10** Pizza Cole Slaw Fruit Choice Covenant Cooks
13 Stuffed Peppers GFS Biscuits Fruit Cocktail Cookie Covenant Cooks	**14** Spaghetti w/ meat sauce Garlic Bread Cauliflower Covenant Cooks	**15** Chicken Salad Croissant Tossed Salad Pears Cookie Covenant Cooks	**16** Potato Bar Broccoli & Cheese Bacon Bits Peaches Covenant Cooks	**17** Turkey Dressing Green Bean Casserole Apricots Covenant Cooks
20 Lasagna GFS Garlic Bread Peas Applesauce Covenant Cooks	**21** BBQ ribs Roasted Potatoes Spinach salad Peaches Covenant Cooks	**22** Meatloaf Scallop Potatoes Fruit Choice Rolls Covenant Cooks	**23** Dagwood Sandwich Chips Broccoli Salad Mixed Fruit Covenant Cooks	**24** Pizza Jell-O Fruit Covenant Cooks
27 Sesame Chicken GFS Oriental Vegetable Peas Applesauce Covenant Cooks	**28** Hamburger Stroganoff Tossed Salad Beets Fruit Choice Covenant Cooks	**29** Turkey Ham sweet Potatoes Fries Mixed Vegetable Fancy Fruit Covenant Cooks		

Our menu is now available on our website at covenantsdp.org