

Have you put Covenant in your will?



2011

Covenant Senior Day Program Newsletter

Dear Friends,

President Jimmy Carter designated May as "Older American Month" in 1980. Historically this has been a time to acknowledge the contributions of older persons to our country. According to olderamericansmonth.org, this year's theme is Connecting the Community, (which) "pays homage to the many ways in which older adults bring inspiration and continuity to the fabric of our communities, and highlights how technology is helping older Americans live longer, healthier, and more engaged lives." Part of connecting seniors is to make sure they are provided for when in need. Though the future in senior care and funding for services appears to be increasingly limited, Covenant remains committed to assisting our frail elders in areas of need that we have not traditionally provided. For instance, recently we had a family approach us requesting funds for medicine and food. Rather than provide a referral to other community resources which would require the senior to spend additional precious dollars on gas, we assisted them the day the request came to us. At Covenant, we strive to make sure your loved one is cared for and connected, making every month "Older American Month."

Warmly,
Lauren Fitzmaurice

Since 1996, we have specialized in helping seniors with dementia by providing companionship and daytime care.

Save the Date

Older Michigianians Day Rally

What: "A rally to advocate on issues and programs that affect older Michigan residents" (oldermichigianiansday.com).

Where: Lansing, on the steps of the State Capital

When: June 15, 2011

\*For more information, please contact Area Agency on Aging or Covenant Senior Day Program, or visit www.oldermichigianiansday.com. Buses may be available for transport\*

Congrats, Covenant!

Celebrating 15 Years of Community Service!



Senator Schuitmaker Lauren Fitzmaurice Rep. O'Brien Rep. Nesbit Kim Boysen

**VISIT OUR WEBSITE... Covenantsdp.org**

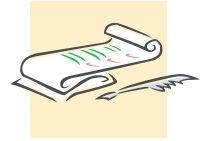
Where you can find the latest activity calendar, menu and newsletter.

Newsletters will be published quarterly.



**Program Room Wish List**

*Our thanks and appreciation to all who contribute items on our list.*



- Herb Plants
- Garden Soil
- Poster Board
- Birthday Plates & Napkins
- Tissue Paper
- Sharpie Markers
- Large Sketch Pads
- Colored Markers
- Masking Tape
- Cake Mixes & Frosting
- Lemonade Mix
- Chocolate Chips
- Molding Clay

**Our Covenant Staff has been busy attending continuing education conferences including:**

- Michigan Horticultural Therapy
- Area Agency on Aging 3A Provider Training
- Closed Head Injuries
- Senior Retiree and Survival Workshop
- Get Motivated Seminar
- MADSA Strategic Planning
- Facebook for Business
- Provider Meeting-Area Agency on Aging 3B
- Reclaim your Brain
- Coming Together

We've also had 9 staff members attend CPR and AED training this month.

**Music Therapy**  
by Judie Eckert

Every Monday from 10:30-11:30am  
Every Wednesday from 11:30-12:30pm

∞ **SAVE THE DATES** ∞

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**Caregiver Support Group**

Facilitated by Lauren Fitzmaurice, MSW, CDP

The next meeting is **Tuesday, June 14, 2011**  
from 1:00 PM - 2:30 PM  
St. Michael Lutheran Church  
7211 Oakland Drive  
Portage, MI

*For more information please contact  
Lauren Fitzmaurice at (269) 324-3250.*

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**Foot Care Clinic**

w/ Kathleen Barnum

**Thursday, May 26, 2011**

Thursday, July 28, 2011  
Thursday, September 22, 2011  
Thursday, November 17, 2011

Clinic cost is \$25.00.

• **Please contact the Covenant staff for an appointment.**



**Volunteer Spotlight**

We would like to welcome our two newest volunteers, **Pearl Moon** and **Sophia Stavale**.  
**Pearl Moon:** Pearl was a volunteer for many years at the Kalamazoo Airport and is a former teacher.  
**Sophia Stavale:** Sophia recently graduated from Kalamazoo Valley Community College with an Associate's Degree in Business Administration.

As always, we would like to thank our volunteers for their continued help and support!